

## Unit 4: Career Exploration

**Unit #:** APSDO-00020376  
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**Grade(s):** 8  
**Subject(s):** School Counseling  
**Course(s):** GR. 8 - SCHOOL COUNSELING

### Unit Focus

In this unit, students will complete a Career Match Making survey. Using the results and information from the survey, students will focus on the importance of defining their strengths and interest and how they relate to their career interests.

### Stage 1: Desired Results

Established Goals	Transfer		
<p><b>Standards</b></p> <ul style="list-style-type: none"> <li>• Avon School Counseling Standards (CT 2020)               <ul style="list-style-type: none"> <li>◦ <i>School Counselling</i> <ul style="list-style-type: none"> <li>▪ CAREER DEVELOPMENT                   <ul style="list-style-type: none"> <li>▪ Identify personal values, personality, abilities, and interests in relation to career options and the world of work. (C1)</li> </ul> </li> </ul> </li> </ul> </li> </ul>	<p><i>What kinds of long-term, independent accomplishments are desired? Students will be able to independently use their learning to...</i></p> <p>T1 (T1) Use self-knowledge in order to develop effective decision making skills, create meaningful goals, and identify positive attributes.</p> <p>T2 (T3) Explore and pursue viable options based on interests, experience, and goals.</p>		
	Meaning		
	Understanding(s)	Essential Question(s)	
	<p><i>What specifically do you want students to understand? What inferences should they make? Students will understand that...</i></p> <p>U1 (U3) Reflection is necessary to develop self-knowledge.</p> <p>U2 (U5) Exploration and planning are essential for future success.</p>		<p><i>What thought-provoking questions will foster inquiry, meaning making, and transfer? Students will keep considering...</i></p> <p>Q1 (Q03) What choices do I make when I have the opportunity to decide?</p> <p>Q2 (Q10) What am I interested in? What am I fascinated by? What am I good at?</p> <p>Q3 (Q15) How may my personal strengths and areas of interests relate to future job and career options?</p>
	Acquisition		
	Knowledge	Skill(s)	

	<p><i>What facts and basic concepts should students know and be able to recall? Students will know...</i></p>	<p><i>What discrete skills and processes should students be able to use? Students will be skilled at...</i></p>
	<p><b>K1</b> How current interests can lead to future opportunities to increase skills in that area</p>	<p><b>S1</b> Identifying and applying strengths to formulate a plan for career exploration and academic success</p> <p><b>S2</b> Looking for connections among personal attributes and aspirations</p> <p><b>S3</b> Determining a range of course selections aligned with attributes and aspirations</p> <p><b>S4</b> Identifying a variety of careers related to current interests</p>